

BODY TREATMENTS

CHIROMASSAGE

ANTI-STRESS (30' or 50'): You will release muscular tensions through the technique of massage, coupled to the properties of hazelnut oil, rich in vitamin A and minerals, and essential oils from juniper, eucalyptus and marigold, highly contracture and pain relieves. A relaxing and sedative therapy with effects over the nervous system.

CIRCULATORY MASSAGE

REVITALIZING MASSAGE (40'): Discover an extraordinary sensory world through geranium and rosemary oils which have revitalizing effects, and help to eliminate the effect of tired legs. A therapy that relaxes your skin and stimulates your microcirculation.

RELAXING MASSAGE

WAY TO THE PARADISE (30' or 50'): Ease your emotional and physical tensions, the stress, the headaches,... You will experience a pleasant wellness feeling. A massage for those with too many responsibilities and brain activity. A bath with scents of lavender, neroli and petit grains will take you to another world.

CHOCOLATE THERAPY

SWEET SEDUCTION (1,15h): Let yourself travelling to the cacao and guarana world through a delicious coating which nourishes and reshapes the silhouette. A relaxing, antioxidant and anticellulite treatment, which also gives softness and warmth to your skin. Its unique texture and the heating effect provide a pleasant wellness feeling since the initial moment.

LYMPHATIC DRAINAGE

WIND CARESS (60'): Strength the muscular system, revitalize the immune system and remove toxins from your body through the lymphatic drainage technique. Get a pervasive welfare state with a great sense of lightness and relaxation. A technique suitable for skins with fluid retention, cellulite, fatigue or stress.

PEELING + HYDRATION + MASSAGE (30')

MEDITERRANEAN BREEZE (60'): You will be seduced by our land scents with a revitalizing and tonifying massage, combined with an exfoliation to moisture and nourish the skin thanks to the properties of Mediterranean fruits and plants such as lemon and rosemary. A unique experience to relax your body and mind, while providing to you vitamins and hydration.

HERBAL BALLS MASSAGE

INDIA SENSATIONS (50'): It offers you an integral approach to beauty and health, harmonising body, mind and spirit. It provides wellness and balance to the whole body. It will awake all your senses with the warmth of pindas, small bags of rice seeds containing well micronised and medicinal plants.

PEELING + HYDRATION + MASSAGE (45')

EXOTIC AIRS (75'): Discover exotic airs travelling around warm African countries with the incense, to the great pharaohs country with geranium, and to the most tropical forest with scents of rosewood. An exotic mix with rejuvenating, antidepressant and tonifying properties that reduces nervous tension.

BASALT STONES MASSAGE

VOLCANIC WARMTH (50'): Feel the magic and the proximity of the Garrotxa volcanoes through the volcanic stones warmth. Get a deep relaxation with the combination of hot and cold stones, while they increase microcirculation and cell metabolism. A treatment that improves the resistance and increases the physical, emotional and mental balance.

GOURMET SENSATIONS:

PEELING + HYDRATION + MASSAGE (30')

THE DIONIS DESIRE (50'): The high content of active components and polyphenols make it an essential ingredient in antioxidant and anti-aging SPA programmes. It prevents the formation of free radicals and delays the appearance of aging signs. Grapes were already used in ancient Rome as a rejuvenating component which was also a symbol of gods.

PEELING + HYDRATION + MASSAGE (30')

FRUIT THERAPY (50'): Peach, kiwi, orange and lemon are the fruits contained in this treatment. A powerful cocktail of vitamins A+C+E which is recommended before and after the summer, as it repairs the damage caused by sun radiations. In particular during the summer due to its carotene content, which promotes melanin synthesis and boosts tanning.

PEELING + HYDRATION + MASSAGE (40')

YOGURT THERAPY (60'): Highly nourishing based on yogurt and micronised clay. For all skin types, it provides in-depth cleansing, together with a balancing and reaffirming effect. Thanks to its active principles such as lactose, proteins, lipids, minerals and vitamins, yogurt already appeared in the ancient Greek beauty treatments as a highly-valued cosmetic product.

FACIAL TREATMENTS:

(ANTI-AGING)

FACIAL ETERNALYOUTH (90'): Intensive treatment based on restoring the smoothness and firmness of the skin, through applying exfoliating granules and followed by an intense moisture which provides your skin with a nourishing, remineralising and softener effect. A treatment that offers a glowing and rejuvenated skin. 90 minutes.

(PURIFYING YOUTH SKINS)

EARTH SECRETS (75'): Lemon freshness will give your skin a purity sensation, sandalwood and geranium will provide a balancing effect, and all of them succeeding in reducing the daily stress by providing smoothness, balance, elasticity and moisture. A suitable treatment for young skins. 75 minutes.

(MOISTURISING, REVITALISING)

CLEOPATRA (75'): Treatment based on refreshing, rejuvenating and revitalising the skin with a facial regenerating massage, combined with cedar, lavender and the exotic ylang ylang flower scents that will make you feel like Cleopatra. You will achieve a deep relaxation and wellness feeling. A treatment appropriate to treat sagging and fatigued skin. 75 minutes.

(SENSITIVE SKINS)

SILK SKIN (75'): Exfoliation rich in clay granules and Indian pennywort. A moisturizing, calming and refreshing treatment. It is indicated for the most sensitive skins. A magical feeling with lavender, petit grains and marigold aromas while getting a fresh and silky texture. 75 minutes.

OTHER THERAPIES:

FEET REFLEXOLOGY (30' or 50'):

Let your feet calming your body and mind through a technique based on acupressure on the foot nerve endings, which correspond anatomically to the human body. The purpose is to tonify or relax based on the needs of these metameric points.

SEASONAL TREATMENTS (60'):

Prepare your skin depending on the season, moisturizing, purifying, renewing and nourishing it.

PERSONALIZED WHIRLPOOL BATHS:

The baths take place in a Jacuzzi ® brand spa bathtub accompanied by chromo-therapy, aromatherapy and music therapy. To achieve maximum wellness, we recommend you to start with a bath followed by a wellness body treatment.

Relax and enjoy. Bath session: 15-20 minutes.

MILK BATH

CLEOPATRA BATH: Cleopatra invites you to the Ancient Egypt through its milk bath. Enjoy this luxury bath that comes from year 70 BC. Get a more moisturized, smoother and brighter skin thanks to the nourishing properties of the milk. A bath suitable for people with a dry and dehydrated skin. Submerge yourself and enjoy!

Extensive: Cleopatra Bath 20' + Yogurt facial and body hydration 40'.

STIMULATING BATH

CITRUS BATH: Let your imagination fly with the help of the citric mixture floating on the water. A healthy and beauty fruit cocktail bath. The citrus bath citrus will give you the necessary vitamins for your skin, thus achieving an improvement of the body defences and blood vessels stimulation. A bath to reach a deeply relaxed state.

Extensive: Citrus Bath 20' + Citric body hydration 30'.

VINOTHERAPY WINE BATH

DIONYSUS BATH: Dionysus, the God of Wine, helps you to rejuvenate, tonify and provide a greater consistency to your skin, thanks to the wine antioxidants. A wine bath with soothing properties, enriched minerals that relieves your tension and retains the elasticity and firmness of the skin. Come and discover the world of wine!

Extensive: Dionysus Bath 20' + Wine body hydration 30'.

ROSES BATH

ROMAN BATH: The slight scent of roses and its petals will bring you to the Roman era when Romans used rose petals in their public baths. A bath that takes care of your skin by improving the appearance of wrinkles. Following the most noble traditions, the bath gives you peace and joy, avoiding depressive feelings. Take a trip back in time!

SOPHISTICATED BODY TREATMENTS

**PEELING + HYDRATION + MASSAGE (45') + BODY MASK
(ANTICELLULITE, RELAXING OR FIRMING)**

BEAUTY RITUALS

ORIENT SECRETS (85'): Practice based exclusively on your needs, skin lipid accumulations and imperfections will be treated. You will get a thin and deeply moisturized skin. Your body will be restructured with a coating made of fucus extract, with draining and purifying effects, and horsetail. A mix that reactivates blood circulation.

MAGIC DREAMS (85'): Practice of complete body and mind evasion, where your skin will get a special beauty while recovering its brightness. You will relieve stress and nervous tensions thanks to lavender, petit grains and ylang ylang properties. This is followed by a profound hydration and a thorough massage.

ETERNAL YOUTH (85'): Practice of textures and sensory experiences, restoring the natural beauty of the skin with an exfoliation, followed by a massage and a body mask based on Indian pennywort, sandalwood, rosewood and incense, which will provide you of flexibility and firmness.

OTHER SERVICES:

HAIR REMOVAL

STRIP WAX AND HARD WAX –SINGLE USE-

Upper lip and eyebrows (20')

Upper lip (10')

Eyebrow revision (10')

Eyebrow shaping (15')

Armpits (10')

Bikini (15')

Brazilian (30')

Half legs (30')

Full legs (45')

Arms (20')

Lower back or gluteus (20')

Back (30')

MAKE-UP

Social make-up, day make-up (35')

Night make-up, party make-up (40')

Wedding make-up (40')